

Story by Ann Butenas

I f good oral health is a priority of yours, then you have found a solid partner in that journey with Dr. Sarah Brent, owner of KC Family Dental. Treating patients of all ages, Dr. Brent and her team offer patients care designed to last a lifetime.

It's understandable if your oral health has taken a back seat in terms of your overall wellness plan. Many people are apprehensive about visiting the dentist, but Dr. Brent will quickly put your fears to rest. She does this by listening to your concerns and answering your questions. Her goal is to ensure every visit is as comfortable and relaxed as possible. Combining compassion and understanding with extensive training, education, experience and state-of-the-art equipment and technologies, Dr. Brent and every member of her experienced staff will provide you the healthiest smile possible. No matter your goals for your oral health, Dr. Brent is ready to listen and establish a strong bond of trust that will allow for a partnership committed to achieving healthier teeth and gums in addition to a magnificent smile.

A second-generation dentist, Dr. Brent worked in her father's office before ultimately deciding to pursue a career in dentistry. After obtaining dual Bachelor's degrees from Southern Methodist University, Dr. Brent subsequently earned her Doctorate of Dental Surgery (DDS) from the University of Missouri-Kansas City School of Dentistry. Her professional affiliations include the America Dental Association, the Kansas Dental Association, the Missouri Dental Association and the Greater Kansas City Dental Association.

"I have been practicing dentistry for more than 10 years, and it was my dad's love of advanced dentistry and surgical procedures that truly motivated me," she reflected.

After working for eight years in south Kansas City, Dr. Brent decided to build a practice in her neighborhood of Fairway, Kansas. Recognized not only as a respected provider in her trade, Dr. Brent is also an eager student

Sarah Brent, DDS KC Family Dental



and continues to pursue continuing education in a wide range of dental disciplines.

"I want to be able to provide more services to our patients in addition to what we already offer," noted Dr. Brent, whose services currently include routine cleanings, cosmetic dentistry, pediatric dentistry, extractions, root canals, Invisalign clear aligners and more. She is also a graduate of the Garg Dental Implant Continuum. "I focus on a new topic and technique yearly and continually add to the list of services we provide. My goal is to be able to provide all types of dental services for our patients."

Among Dr. Brent's featured services is the Chao Pinhole Gum Rejuvenation. For those experiencing receding gums, this could be a viable option. Dr. Brent has undergone training in this minimally invasive technique and in just one visit, she can usually treat as many teeth as necessary with no grafts, no stitches and no incisions.

"We create a small hole in the gums and then gently release the gum





tissue and shift it to cover the root structure," explained Dr. Brent. In other words, the existing gum tissue is simply moved to a more optimum position. The best part? The results are natural-looking with faster recovery than other surgical options. Dr. Brent's goal is to determine the cause of the recession and to appropriately address that issue. "The recovery time is minimal with minor post-operative sensitivity," noted Dr. Brent. "Consultations for this procedure are always free of charge."

Other technologies employed by Dr. Brent include three-dimensional cone beam CT digital imaging for excellent precision and low exposure to radiation. This allows Dr. Brent to diagnose patients quickly and effectively evaluate treatment options while viewing their anatomy as it exists. Patients also benefit from the advanced digital imaging Dr. Brent offers. Through the use of a sensor placed in the mouth, an image is captured and sent directly to the computer. From this, Dr. Brent

can evaluate the state of one's dental health at the bone level and see the full structure of the entire jaw for a more comprehensive evaluation and greater precision in treatment.



A patient-friendly and family-friendly environment, the office is open Wednesday evenings to help with ease of scheduling. Plus, for those concerned with the numbing frequently associated with certain dental procedures, Dr. Brent offers Oraverse, which provides patients the option to have the numbing instantly reserved. Translation? You can schedule a procedure without the concern of still being numb when you leave.



"All of our dental chairs provide gentle massaging to relax the patient. There are television monitors in each exam room or on an arm that can be moved around. We also offer nitrous oxide and are certified in oral sedation," Dr. Brent emphasized. In other words, comfort reigns supreme at this office. For ease of making appointments, patients can access the practice's website for online scheduling of cleanings, consultations and emergencies.

With a brand new building in Fairway which opened its doors in November of 2017, Dr. Brent specifically created her offices with the idea of comfort and



modern technology as the main components. With the priority she placed on creating an attractive new building with attention to functionality, Dr. Brent was recently awarded the Outstanding National New Dentist Practice by the American Dental Association.

"We are so excited to receive this award," smiled Dr. Brent. "We are proud of creating an attractive and interesting space for dental care and an attractive and visible building in our community."

It's no secret Dr. Brent loves what she does.

"Dentistry is just fun!" she offered. Now, having an enjoyable experience at the dentist is within reach.



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