

Story by Bob Ale-Ebrahim

Rockhill Orthopaedics S P E C | A L | S T S



Por generations, Rockhill Orthopaedics has delivered quality care for the greater Kansas City metro area. Rockhill's long history of excellence began in 1949 during the postwar prosperity of the United States. Founded by a group of six orthopaedic surgeons it was originally located in the Rockhill neighborhood of Kansas City, Missouri near the former Baptist Memorial Hospital.

In 2006, they moved to the campus of St. Luke's East in Lee's Summit, Missouri. Today, Rockhill has 12 board-certified orthopaedic surgeons, three board-certified physiatrists, ten midlevel providers and a staff of 94 caring employees.

The practice has always been committed to keeping their patients active and pain-free while delivering compassionate and

personized care. Rockhill's 70th Anniversary is a milestone that confirms they will continue to provide quality health care while growing with healthcare technologies to better serve their patients. Rockhill's team of providers are focused on helping patients get back on the road to recovery.

"I fell on the ice on the first real snow fall.

St. Luke's ER recommended me to Rockhill Orthopaedics.

I was able to get in the next day with the doctor.

Had an MRI the following day.

Back in his office on Tuesday with results...

The office was very cordial and

surgery scheduled in a timely manner!"

said Debbie Rogers.

PHYSICIAN SPECIALTIES

Orthopaedic Surgeons

- Robert J. Takacs, M.D.
- Gerald F. Dugan, M.D.
- Larry F. Frevert, M.D.
- Scott A. Langford, M.D.
- Gary A. Go, M.D.
- Amar Patel, M.D.
- Jay H. Rapley, M.D.
- Alan J. Zonno, M.D.
- Wesley F. Frevert, M.D.
- Christopher J. Maugans, M.D.
- Andrew C. Palmisano, M.D.
- Megan N. Mayer, M.D.

Foot and Ankle

• Amar Patel, M.D.

- Alan J. Zonno, M.D.
- Gary A. Go, M.D.

Hand and Upper Extremity

- Scott A. Langford, M.D.
- Christopher J. Maugans, M.D.

Hip Arthroscopy

• Megan N. Mayer, M.D

Sports Medicine

- Jay H. Rapley, M.D.
- Wesley F. Frevert, M.D.
- Robert J. Takacs, M.D.
- Gerald F. Dugan, M.D.
- Larry F. Frevert, M.D.
- Gary A. Go, M.D.

- Andrew C. Palmisano, M.D.
- Megan N. Mayer, M.D.

Total Joint Replacement Hips, Knees & Shoulders

- Robert J. Takacs, M.D.
- Gerald F. Dugan, M.D.
- Larry F. Frevert, M.D.
- Jay H. Rapley, M.D.
- Wesley F. Frevert, M.D.
- Andrew C. Palmisano, M.D.

Physical Medicine and Rehabilitation

- Terrence Pratt, M.D.
- Kam-Fai Pang, M.D.
- Jarron I. Tilghman, M.D.



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SERVICES



Foot and Ankle Surgery

Did you know the average person will walk more than 100,000 miles in a lifetime? It's not surprising that feet and ankles are the most frequently injured area of the human body due to the constant impact of walking and

running. Rockhill's specialists treat arthritis, ankle sprains, fracture repair, heel pain, achilles tendon issues, neuromas, diabetic foot care, foot/ankle fusions and replacements.

Orthopaedic Trauma and Fracture Care

Fractures can occur to anyone, at any time in their life. Treatment of a fracture is focused on restoring function as quickly and as fully as possible. While many fractures will heal on their own, some are best treated surgically. Rockhill utilizes leading-edge techniques including minimally invasive surgery and are experienced in extremity and pelvis fracture reconstruction, deformity correction, and bone transplantation.

"The staff was amazing from check in to check out!

The doctor was thorough & has a wonderful
bedside manner to accompany his expertise!"

said Amber Easley Wuster.

Hand, Wrist and Elbow Surgery

Your hands, wrists and elbows are essential tools that allow you to work, play and perform everyday activities. How well the hand and wrist interact depends on the integrity and function of the nerves, ligaments, tendons, muscles, joints and bones. Problems in any of these can affect upper extremity function, causing disruptions at home and work and negatively impacting quality of life. This whole region works as a single unit, and the dysfunction of a single part needs consideration of the whole.

Techniques are used for treatment of both common and complex hand, wrist and elbow conditions to decrease pain and recovery time for patients.



Knee and Hip Surgery

Normally, all of the parts of the knee joint work together and the joints move easily and without pain. Disease, arthritis, or injury can disturb the normal functioning of the knee joint resulting in knee pain, muscle weakness, and limited movement. Longer life expectancies and greater activity levels lead to joint replacements being performed in greater numbers of patients.

Rockhill's physicians design treatment plans that provide a holistic approach and a full range of treatment solutions, starting with therapy and medication, as well as a variety of surgical options.



Shoulder Surgery

Shoulders allow us to bend, flex, reach, and rotate our arms. Repetitive overhead movements are common to some sports and jobs and frequently overstress the shoulder joints resulting in injury. When problems related to

tendon tears, instability, fractures, arthritis and other conditions impede movement, treatments are considered to ease pain and help restore movement.

The shoulder surgical procedures treat conditions ranging from common problems such as impingement to complex reconstructions for arthritis, fractures, instability, and rotator cuff tears.



Sports Medicine

Sports Medicine is the medical specialty concerned with the treatment of injuries resulting from athletic activities. Some of these injuries are treated with arthroscopic surgery, a minimally invasive surgical method

that utilizes a camera to look inside a joint and uses specialized instruments to carry out any necessary surgery in that joint.

The practice of sports medicine is a team approach with input from orthopaedic surgeon, non-surgical sports specialists, rehabilitation specialist, athletic trainer, and physical therapist.

Rockhill's physicians are board-certified, fellowship-trained specialists in sports medicine. They treat sports injuries, which includes superior diagnostics, physical therapy and pain management.

Total Joint Replacement

Rockhill utilizes cutting edge techniques combined with years of experience in hip, knee and shoulder replacements in order to produce the quality patient outcomes they regularly achieve for patients.



Work-Related Injuries

Rockhill provides care for patients who have been injured during the course of their employment in a fair and timely manner. They provide treatment plans for the patient with the best possible outcomes using the most appropriate personalized plan, whether surgical or non-surgical.

Physical Medicine and Rehabilitation

The physicians offer EMG/NCV testing for radiculopathy, carpal tunnel syndrome, cubital tunnel syndrome, ulnar neuropathy and peripheral neuropathy. Second opinion evaluations and independent medical exams are also available, as well as non-surgical treatment plans for back and neck pain, herniated discs, radiculopathy and repetitive use disorders.

Rockhill Ortho Urgent Care

Accidents happen and the ER isn't your only option. Ortho Urgent Care opened in 2018 and treats sports injuries, work injuries, sprains, strains, fractures, broken bones, minor lacerations and other muscle or tendon injuries.

Ortho Urgent Care is located at our main location on the St. Luke's East Hospital Campus in Lee's Summit, MO. Hours are Monday-Friday 8 AM-8 PM. Walk-ins are welcome and no appointment is necessary.

Blue Springs Multi-Specialty Clinic

Rockhill opened a second clinic site location in July 2017 in the Saint Luke's Multi-Specialty Clinic located on Adams Dairy Parkway, Blue Springs, MO. Plans are to open a second Ortho Urgent Care in Blue Springs in Summer/Fall 2019.

Come Celebrate our 70th Anniversary

Celebrating their 70th Anniversary this summer, they continue to grow and focus on two things: improving patients' lives and their satisfaction with the quality of care. Rockhill has maintained this goal for 70 years and will for generations to come.



120 NE St. Luke's Blvd., Suite 200 Lee's Summit, MO 64086 816.246.4302 rockhillortho.com

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